

# The Adventures of Girls in Rehab

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## A comedy in 1 act

**5f, 1m**

Annie, a mid-fifties woman, is trying to live a full life after being dumped by her husband, who wanted to explore an “alternative lifestyle”. Unfortunately, she broke her leg hang gliding, while being towed behind a snowmobile, on a frozen lake, when it was fifteen below. So, her friends, aged twenty-nine (and some months, a LOT of months) decide to go and give her support at the gym while she’s doing rehab on her leg. However, they find that since it’s been a while (possibly never) since they went to the gym, it’s going to be very tough going. Either the workout is going to kill them or they’re going to kill each other.

## Cast:

Anne (AKA Annie) – 50+ trim but out of shape woman stuck in a wheelchair and cast on her leg  
Karen - 40+ out of shape woman, best friends with Liz  
Liz - 40+ out of shape woman, best friends with Karen  
Lorie - 40+ out of shape woman  
Tara – A very fit trim perky 20ish girl  
Tim – a good looking trainer at the gym

Performed April 2004 by the Hallsbridge Players, Buckhorn, Ontario